

# Dog Training Journal: QuadEdge-V2 Whistle

## 🐾 Basic Information

Dog's Name: \_\_\_\_\_  
Breed/Age: \_\_\_\_\_  
Training Goal:  Recall  Stop  Heel  Emergency Stop

## 📅 Daily Training Log

### Day 1: Initial Introduction

Date: \_\_\_\_\_  
Duration: 15 min  
Location:  Indoor  Backyard  Quiet park

Time	Whistle Pattern	Command	Dog's Response	Notes
	1 short burst	"Come"		
	2 rapid bursts	"Stop"		
	Continuous 2-sec blast	"Emergency!"		

Treats Used: \_\_\_\_\_  
Progress Rating: ☆ ☆ ☆ ☆ ☆ (1-5 stars)  
Tomorrow's Focus: \_\_\_\_\_

### Day 2: Reinforcement

Date: \_\_\_\_\_  
Duration: \_\_\_\_\_ min  
Location:  Indoor  Backyard  Park  Street

Time	Whistle Pattern	Command	Distractions Present	Success Rate
	1 short burst	"Come"	<input type="checkbox"/> None <input type="checkbox"/> Mild <input type="checkbox"/> High	%
	2 rapid bursts	"Stop"	<input type="checkbox"/> None <input type="checkbox"/> Mild <input type="checkbox"/> High	%
	Continuous 3-sec blast	"Emergency!"	<input type="checkbox"/> None <input type="checkbox"/> Mild <input type="checkbox"/> High	%

Challenges: \_\_\_\_\_  
Breakthrough Moment: \_\_\_\_\_

### Day 3: Distance Practice

Date: \_\_\_\_\_  
Max Distance: \_\_\_\_\_ ft/m  
Environment:  Grass  Pavement  Woods  Water

Recall Test Results:  
Start Distance: \_\_\_\_\_ ft → End Distance: \_\_\_\_\_ ft  
Response Time:  <3s  3-5s  5-10s  >10s

Emergency Stop Test:  
  
• Trigger:  Squirrel  Other dog  Food  Traffic  
  
• Success:  Immediate  Delayed  Failed

New Technique Tried: \_\_\_\_\_

### Day 4: Distraction Training

Date: \_\_\_\_\_  
Distraction Level:  Low  Medium  High  
Distraction Type: \_\_\_\_\_

Pattern Effectiveness:

Command	Success Rate	Improvement from Day 1
Recall	%	+ %
Stop	%	+ %
Emergency Stop	%	+ %

Vocal vs Whistle Comparison:  
Voice Command Response Time: \_\_\_\_\_ sec  
Whistle Response Time: \_\_\_\_\_ sec

### Day 5: Real-world Simulation

Date: \_\_\_\_\_  
Scenario:  Off-leash park  Hiking trail  Busy street

Incident Report:  
Unexpected Event: \_\_\_\_\_  
Whistle Pattern Used: \_\_\_\_\_  
Reaction Time: \_\_\_\_\_ seconds  
Outcome:  Full success  Partial success  Intervention needed

Equipment Check:  
 Whistle clean  
 Lanyard secure  
 Keychain attached

## 📊 Weekly Progress Summary

Skill	Start Level	End Level	Key Improvement
Recall	★__☆	★__☆	
Stop Command	★__☆	★__☆	
Focus Retention	★__☆	★__☆	

Achievement Unlocked:  10ft recall  Food distraction resistance  Off-leash control  
Next Week's Goal: \_\_\_\_\_

## 🎯 Training Tips

- Always begin sessions with 5-minute warm-up play
- Use HIGH-VALUE treats exclusively for emergency commands
- Clean whistle weekly with toothbrush + warm water
- Test different frequency patterns:
  - Short bursts = attention getter
  - Rapid bursts = urgent command
  - Long blast = danger warning

**Usage Instructions:**

- Fill all blanks after each session
- Rate progress honestly (1=no response, 5=immediate obedience)
- Track treat consumption in "Notes" column
- Use different colored pens for different commands
- Record environmental factors (weather/noise level)

🔔 Pro Trainer Tip: For stubborn dogs, combine whistle with hand signals during the first week. Gradually phase out visual cues.